



Front Lunge



Broken T



Left High V



Right Bow & Arrow



High V



Daggers



Right Punch Up



Clasp



Low V



Touchdown



Left Punch Up



Clap



T



Right Half High V



Left Bow & Arrow



Right Low V



Left Low V



Left K



Right Diagonal



Right K



Table Top



Ready



Right Lunge



Left Diagonal



Left Lunge



Clean



5-6-7-8



1 hold 2



3 hold 4



5



6



7-8 (both legs in air)



HAND MOTIONS



HANDS ON HIPS



DAGGERS (TABLE TOP)



"GO" MOTION



HIGH V



LOW V



LEFT DIAGONAL



RIGHT DIAGONAL



LEFT L



RIGHT L



BOW & ARROW



TOUCHDOWN



LOW TOUCHDOWN



T MOTION



HALF T



LIBERTY



LEFT K



RIGHT K